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Review article

Study of *Candida albicans* and its interactions with the host: A mini review

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ABSTRACT

Candida albicans is an important fungal pathogen in humans. The interaction between *C. albicans* and its host is dynamic and complex. This pathogen exhibits multifaceted strategies for growth, proliferation, and survival within the host accompanied with mechanisms to escape from the host defense. The host triggers complex immune responses in response to *C. albicans*. This review outlines selected aspects in the current understanding of *C. albicans* pathogenesis and its interactions with the host, and presents several experimental tools developed in the postgenomic era to study these topics.

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1. Introduction

Mycoses are diseases caused by fungi. With the increase in the population of patients with immunodeficiency or undergoing immunosuppressive therapy, mycoses have become a growing problem in modern medical care. In addition, the diagnosis of these diseases can be problematic, drug resistance is of great concern, and fewer drugs are available compared to bacterial or viral diseases [1–3]. Fungal infections lead to various diseases that can be local, superficial, allergic, or systemic [1]. Systemic infections are particularly serious and potentially life-threatening [4–6].

Of the more than 1.5 million estimated species of fungi, fewer than 150–200 species can cause disease in humans [7]. The fungal pathogens involved in systemic infections are

either acquired from the surrounding environments of the host or constitute part of the normal flora in humans. The former include *Blastomyces dermatitidis*, *Coccidioides immitis*, *Histoplasma duboisii*, *Histoplasma capsulatum*, *Paracoccidioides brasiliensis*, and *Penicillium marneffeii* [8,9]. The latter are opportunistic, and include *Candida albicans*, *Aspergillus fumigatus*, and *Cryptococcus neoformans* [8,9]. Among the opportunistic pathogens in humans, *C. albicans* is one of the most studied.

Yeasts are unicellular fungi, and the *Candida* species represents one of the yeast species of special importance to human health [10]. *Candida* is a part of the normal flora in healthy individuals, and is usually confined to the skin and mucosal surfaces of the oral cavity, gastrointestinal and urogenital tracts, and vagina [10]. However, *Candida* spp. can

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cause a wide variety of infections on mucosal surfaces under certain conditions. The most common examples include oropharyngeal candidiasis (OPC) and vulvovaginal candidiasis (VVC). OPC is associated with underlying illness such as diabetes [10]. In addition, OPC was one of the first manifestations of HIV-induced immunodeficiency to be recognized [11] and is a sentinel indicator for HIV disease progression before the appearance of more severe symptoms [12,13]. *C. albicans* is the most common cause of OPC [14,15]. However, *Candida glabrata*, *Candida tropicalis*, and *Candida dubliniensis* are also associated with OPC [14,15]. *C. albicans* causes approximately 90% of VVC cases, and *C. glabrata* is responsible for the remaining 10% of this infection [16]. Although the relationship between VVC and HIV is unclear, VVC is an important concern for women infected with HIV [17]. The majority of *C. albicans* isolates causing disease in AIDS patients are derived from strains originally associated with commensal infections, and disease recurrence can result from the same strains of *C. albicans* [18,19].

In addition to causing mucosal diseases, *Candida* spp. can also cause systemic and invasive infections in which *Candida* penetrates and traverses the epithelial barrier to gain entry into the bloodstream (known as candidemia) [20]. Once in the bloodstream, *Candida* can disseminate to infect almost any organs. Consequently, *Candida* has emerged as the fourth most common cause of blood-borne infection in the United States [21]. The mortality associated with these invasive infections for adults ranges from 14.5% to 49% [22,23], and *C. albicans* is estimated to be responsible for 50–60% of the cases of invasive candidiasis [24,25]. As such, *C. albicans* is the most prevalent fungal pathogen in humans. Therefore, here we only review our current understanding of *C. albicans* and its interactions with the host.

2. Virulence factors of *C. albicans* in pathogen–host interactions

To establish an infection successfully, *C. albicans* must adapt to different niches at various anatomic sites of the host and express infection-associated genes. The products of infection-associated genes contribute to *C. albicans* pathogenicity, and function as virulence factors [26]. Researchers have reported several virulence factors for *C. albicans*, including morphological transition, adhesins, secreted hydrolytic enzymes, and phenotypic switching [20,26,27]. This review focuses on several important findings related to virulence factors. For other details, the reader should refer to other recent reviews [28–35].

2.1. Morphological transition in *C. albicans*

The ability of *C. albicans* to switch reversibly between a single-celled budding yeast (blastospore) and an elongated filament form (both pseudohyphae and true hyphae) plays a crucial role in infections [36]. Hyphal cells may promote tissue invasion, whereas yeast cells facilitate dissemination of the pathogen [37–40]. *C. albicans* morphogenesis is controlled by a complex network of signaling pathways that is commonly accompanied by the regulation of genes associated with the

morphological states [34]. The signaling and regulatory network is activated by various environmental signals, including serum, N-acetyl-D-glucosamine, neutral pH, a physiological temperature of 37°C, 5% CO₂, and nutrient starvation [28,35,41,42].

The cyclic AMP–protein kinase A (cAMP–PKA) pathway is involved in *C. albicans* yeast–hyphae transition. The cAMP–PKA pathway transfers environmental signals through the adenylyl cyclase Cyr1, which activates cAMP production. In the case of serum-induced hyphae formation, signals pass through the small GTPase Ras1, which subsequently activates Cyr1 by direct interaction between Ras1 and the Ras-association domain of Cyr1. Alternatively, G protein-coupled receptor 1 (Gpr1) seems to sense amino acids such as methionine and activates Cyr1 through Gpa2 (the associated G protein $\alpha 2$ subunit), independent of Ras1 [43]. The activation of Cyr1 increases intracellular levels of cAMP, which binds to the regulatory subunit (Bcy1) of PKA to release and thereby activate the catalytic subunits (Tpk1 and Tpk2) of PKA [44]. Consequently, the active form of PKA controls the transcription factor Efg1 to enhance expression of hypha-specific genes, such as HGC1, ALS3, and HWP1. The Als3 and Hwp1 are both cell wall proteins and relevant to cell adhesion (see the description below). The HGC1 gene encodes a hypha-specific G1 cyclin, which associates with the cyclin-dependent protein kinase Cdc28 to phosphorylate septin cytoskeleton proteins such as Cdc11. This in turn promotes polarized growth, cell separation, and hyphae formation [45].

The mitogen-activated protein kinase (MAPK) cascade is another important signaling pathway regulating *C. albicans* morphogenesis. The cascade controlling morphogenesis consists of Cst20 (MAPK kinase kinase), Ste11 (MAPK kinase kinase), Hst7 (MAPK kinase), and Cek1 (MAPK). The activation of Cek1 through the signaling cascade subsequently activates the downstream transcription factor Cph1, through phosphorylation. Although the deletion of the *CPH1* gene reduces hyphal growth on solid medium, it still forms hyphae in liquid culture and after serum induction [46]. The *cph1/efg1* double deletion mutant is defective in filamentous growth even in the presence of serum and is avirulent in a mouse model of systemic infection [39]. In addition to activators, there are also negative regulators of filamentation. Mutants lacking *TUP1*, *RFG1*, *MIG1*, or *NRG1* genes exhibit the phenotype of constitutive filamentation [47–50].

Nitrogen availability also affects the morphological transition of *C. albicans*. In the case of nitrogen limitation, upregulation is involved in the expression of the *MEP2* gene that encodes a permease and sensor for ammonium, a preferred nitrogen source for *C. albicans* [51,52]. The Mep2 protein receives the signal and may induce morphogenesis by activating the cAMP–PKA pathway and the Cph1-dependent MAPK pathway [53]. Recent research has indicated that the small GTPase Rhb1 and target of rapamycin (TOR) signaling is also involved in regulating *MEP2* expression and low nitrogen-mediated morphogenesis [54]. The *C. albicans* transcription factors Gat1 and Gln3 control the expression of *MEP2* [52]. The *gln3-* and *gat1-*deleted mutants exhibit reduced sensitivity to rapamycin [55], a TOR kinase inhibitor, suggesting that these regulators are also involved in *C. albicans* TOR signaling. Ambient pH also affects *C. albicans* morphogenesis through

a conserved signal transduction pathway with Rim101 as the key regulator [56,57]. Rim101 is a zinc-finger-containing transcription factor that is full length and inactive under acidic conditions [58,59]. However, at neutral to alkaline conditions, Rim13 cleaves the C-terminal portion of Rim101, activating the protein that alters gene expression [60]. Hypoxia and embedding cells in a matrix can also promote *C. albicans* morphogenesis. The Efg1 and Czf1 transcription factors are involved in hypoxia-induced and matrix-dependent hyphae formation, respectively [61–63].

C. albicans integrates multiple environmental cues into complex signaling networks that coordinate various transcription factors to control hypha-specific genes. Consequently, *C. albicans* differentially express various cell surface proteins and virulence factors. This may be significant for the pathogen to penetrate into deep tissues to acquire nutrients or escape from the host defense, and may also hinder detection by the host immune systems.

2.2. Adhesins of *C. albicans*

The adherence to host cells and tissues is the initial and critical step in microbial infections. In the case of mucosal infections, *C. albicans* first colonizes and proliferates on the mucosal surfaces of epithelial cells. This may be followed by invasion, dissemination, and tissue damage [38,64]. The outermost layer of *C. albicans*, the cell wall, contains diverse carbohydrates and proteins that may contact with host proteins, epithelial, and endothelial cells [65–67]. In addition, *C. albicans* can adhere to abiotic substrates, such as medical devices, and form surface-associated cell communities known as biofilms [68]. Biofilm and planktonic cells differ in many aspects, including their susceptibility to host immune defense and antifungal agents [69–73]. Biofilm is also a dense colonial source of cells, which are continually released into the immediate environment, providing a reservoir for persistent sources of infection.

Previous research has shown several *C. albicans* molecules related to adherence, known as adhesins. The agglutinin-like sequence (Als) protein family is the most recognized of these adhesins [26,30]. Eight ALS genes (ALS1–ALS7 and ALS9) encode cell-wall-associated glycoproteins with similar structures. The N terminus of Als proteins, which contains a signal sequence, an immunoglobulin-like domain, and a threonine-rich domain, is involved in ligand binding [74–76]. These proteins also include a central domain containing a variable number of 36-amino-acid tandem repeats rich in serine and threonine residues [75]. Finally, the C terminus of the Als proteins contains a glycosylphosphatidylinositol (GPI) anchorage sequence [77]. Studies on the ALS-deletion mutants of *C. albicans* or heterologous expression of *C. albicans* ALS genes in *Saccharomyces cerevisiae* have suggested that a subset of Als proteins is involved in adherence to host surfaces. For example, the heterologous expression of *C. albicans* ALS1 or ALS5 genes in nonadhesive *S. cerevisiae* causes cell binding to extracellular matrix proteins (e.g., fibronectin, laminin, and type IV collagen) and buccal and pharyngeal epithelial and vascular endothelial cells [77,78]. ALS4 deletion decreases *C. albicans* adherence to endothelial cells, but not to epithelial

cells [79]. In addition, Als6 can bind to collagen and Als9 to laminin [80].

Other proteins related to *C. albicans* adhesion include Hwp1, Eap1, and Int1 [26,31]. Hwp1 is a major protein on the hyphal cell wall and is able to adhere to epithelium mediated by host transglutaminase [81]. Hwp1 is also required for biofilm formation [82–84]. Eap1 is a GPI-anchored cell wall protein required for biofilm formation and binding to a polystyrene surface or host cells. However, its host ligands are still unknown [85,86]. Int1 is an integrin-like protein, and the deletion of the *INT1* gene reduces *C. albicans* colonization on the murine intestinal epithelium [87].

2.3. Secreted hydrolytic enzymes

Researchers have identified many types of secreted hydrolytic enzymes in *C. albicans*. These enzymes help *C. albicans* in nutrient acquisition and dissemination within the host. These enzymes can also modulate host immune responses and cause host tissue damage [88].

Secreted aspartyl proteases (Saps) are encoded by 10 members of the SAP gene family, SAP1–SAP10 [89]. These SAP genes are differentially expressed in different *C. albicans* cell types and during various stages of *C. albicans*–host interaction. SAP1–3 and SAP4–6 are highly expressed in yeast and hyphal cells, respectively [32,90]. The expression of SAP7 has been detected in some clinical samples of human oral infection [91] and SAP8 appears at high levels in human vaginal infection [89]. SAP9 and SAP10 are expressed in both yeast and hyphae. Their gene products contain N-glycosylation sites and putative GPI-anchor attachment sequences, suggesting their association with the cell wall [92,93]. Moreover, *C. albicans* biofilms secrete more Sap proteins than planktonic cells [94]. When proteins are the only available nitrogen source, TOR signaling also helps regulate SAP2 transcription and Sap2 protein levels, coordinated with the small GTPase Rhb1 [95]. Under these conditions, the transcription factors Gat1 and Gln3 induce the expression of the STP1 gene, which encodes a proteolytically activated transcription factor that subsequently mediates SAP2 gene expression [96].

Different Sap proteins possess unique enzymatic characteristics and substrate specificities [89]. Sap1–3 proteins exhibit the highest activity at pH 3–5, whereas Sap4–6 are most active at pH 5–7. These enzymes may help the pathogen to develop infections at different anatomical sites in humans [32,97]. For example, Sap2 is capable of digesting human albumin, hemoglobin, keratin, and secreted IgA [98]. Sap2 digests proteins into oligopeptides that are subsequently taken up by oligopeptide transporters encoded by the OPT gene family [99]. Therefore, Sap2 and other Saps may be critical for cell growth in humans using host proteins as a nitrogen source. The degradation of human proteins also allows *C. albicans* to destroy host barriers and is followed by deep penetration into tissues or the bloodstream.

The four secreted phospholipase A to D (PLA, PLB, PLC and PLD) hydrolyze one or more ester linkages of glycerophospholipids on the host cell membrane, and are critical factors in tissue invasion. PLB represents the major activity of *C. albicans* phospholipase, and contains both hydrolase and lysophospholipase–transacylase activities [100,101]. PLB

proteins have broad substrate specificity and hydrolase activity releases fatty acids from phospholipids and lysophospholipids by hydrolyzing acyl ester bonds and further catalyzing lysophospholipase–transacylase reactions [102]. Previous studies on several *C. albicans* PLB genes have implicated *PLB1* and *PLB5* in *C. albicans* virulence [102–104]. In addition to Saps and phospholipases, *C. albicans* also secretes a serine peptidase and at least nine lipases. The peptidase degrades human serum proteins and extracellular matrix components [105], and the lipases hydrolyze the ester bonds of mono-, di-, and triacylglycerols [88].

2.4. Phenotypic switching in *C. albicans*

Phenotypic switching helps *C. albicans* adapt to changing environments at different anatomic loci in the host. Phenotypic switching enables *C. albicans* cells to spontaneously and reversibly switch phenotypes at a high frequency. The most studied switching system is the WO-1 strain, which alters between white hemispherical colonies (designated as white, W) and gray flat colonies (designated as opaque, O). W–O switching also changes the shape and size of cells, their ability to form hyphae, cell surface properties (e.g., adhesion and permeability), membrane composition, protease secretion, biofilm formation, sensitivity to phagocytes and oxidants, antigenicity, drug susceptibility, and metabolism [31,106–109]. Moreover, misexpression of the opaque-phase-specific gene *PEP1* in the white phase of *C. albicans* confers increased virulence in a mouse model of cutaneous infection [110]. A murine model for systemic infection shows that considerably more W cells colonize the kidneys than O cells, and most of the cells recovered from the kidneys switch from O to W [111].

C. albicans has long been designated as an asexual yeast; however, there is a mating type-like locus (*MTL*) in the *C. albicans* genome [112]. Interestingly, *C. albicans* strains with subtle changes at the *MTL* locus can mate after inoculation into a mammalian host [113]. Recent research has linked the *MTL* to W–O switching. Only cells homozygous at the *MTL* can switch from the W phase to the O phase and mate with other O cells, producing progeny [114–116]. In addition, DNA microarray analysis indicates that W and O cells have distinct gene expression profiles [106] and *Wor1* is a master transcription regulator for W–O switching [117–120]. Deletion of the *WOR1* gene disables switching and locks the cells in the white phase. Subsequent studies have identified additional transcription factors (*Wor2*, *Efg1*, and *Czf1*) that function with *Wor1* in a network of feedback loops [121,122]. A sophisticated regulatory network controls phenotypic switching. Phenotypic switching helps *C. albicans* survive within the host and makes the cells become more virulent and effective during infection.

2.5. Other factors related to *C. albicans* virulence

In addition to the factors discussed previously, other factors are closely related to *C. albicans* virulence. One important example is the ability of *C. albicans* to acquire iron from the host during infection. Several types of evidence support the correlation between iron acquisition and virulence. The iron-free forms of host lactoferrin and transferrin inhibit cell

growth and render cells more susceptible to damage by neutrophils [123]. Iron deprivation also affects the adhesive properties and cell wall antigen compositions of *C. albicans* cells [124,125]. The hypha-associated adhesin *Als3* mediates iron acquisition from host ferritin [126], and other cell surface proteins including *Rbt51* are involved in heme and hemoglobin-iron utilization [127]. Studies on suspension cultures and biofilm cells indicate that iron availability affects the drug resistance of *C. albicans* [124,128–131]. For example, iron limitation contributes to the antifungal activity of ciclopirox olamine, a topical antimycotic drug of the hydroxypyridone class [132–134]. The siderophore transporter (*Arn1*) is also required for epithelial invasion and penetration, and endothelial cell injury caused by *C. albicans* is iron dependent [135]. More importantly, the deletion mutants lacking the high-affinity iron permease *Ftr1* are unable to establish systemic infection in mice, indicating that *Ftr1*-mediated iron acquisition is an important factor in *C. albicans* virulence [136]. In response to iron availability, the control of iron acquisition is complex and mediated by a regulatory circuit consisting of transcription factors such as *Sfu1*, *Hap43*, and *Sef1* [137–141].

2.6. Host responses to *C. albicans*

The interaction between a pathogen and its host is complex and dynamic [142]. This is particularly true for a pathogen like *C. albicans*, which can establish chronic, long-lasting, and recurrent infections and persist in both latent and active forms. To establish an infection, *C. albicans* adopts various strategies to overcome host defense systems. These strategies allow the pathogen to survive and proliferate within the host by sensing and responding to host environments and by expressing virulence factors. In response to the pathogen, the host triggers defense mechanisms consisting of innate and acquired (or adaptive) immunity.

2.7. Recognition between *C. albicans* and the host cell

The interaction of *C. albicans* and the host begins with cell–cell recognition. In *C. albicans*, several cell wall components can act as pathogen-associated molecular patterns (PAMPs). These PAMPs include O- or N-linked mannans, mannanoproteins, α - or β -glucans, and chitin. Conversely, human cells have pattern recognition receptors (PRRs) to recognize pathogens and activate host defenses. Previous research has described several PRR families including Toll-like receptors (TLRs), C-type lectin receptors, Nacht-like receptors, RIG-like receptors (RLRs), and the galectin family [143–146]. The complexity of *C. albicans*–host interaction arises from the many ways that PRRs recognize PAMPs. Although a PAMP may be only recognized by a particular PRR, other PAMPs can be recognized by more than one PRR. For example, β -glucans can be recognized by both Dectin-2 and TLR 2 [147], whereas PRRs such as Dectin-2 are able to recognize more than one ligand, including α -glucans and N-linked mannans [148]. Different PRRs, such as TLR2 and Dectin-1, can work independently or together [144,145,149]. The complexity of *C. albicans*–host interaction is enhanced by the expression of different sets of PRRs in various cell types and locations within the human host. Phenotypic switching and morphological plasticity may

also change the distributions of *C. albicans* cell-surface PAMPs within distinct host niches.

2.8. Host innate immunity to *C. albicans*

The integration of innate and acquired responses protects the host against pathogens. The innate system acts early during infection, recognizing and destroying most pathogens. Therefore, this article only focuses on some key points of innate defenses against *C. albicans*. Discussion of other relevant topics and acquired immunity is available in several excellent reviews [150–154].

Many cell types including epithelial cells and phagocytic cells such as polymorphonuclear neutrophils (PMNs), monocytes/macrophages, and dendritic cells (DCs), are involved in innate responses. During mucosal infections, the epithelium provides the first line of defense against *C. albicans*, acting as a passive physical barrier [155]. However, epithelial cells can also activate immune responses and secrete antimicrobial peptides such as β -defensins and human cathelicidin. Recent studies have shown that LL-37, the active form of human cathelicidin, inhibits *C. albicans* adhesion by interacting with cell wall carbohydrates and the β -1,3-exoglucanase Xog1 [156,157]. In response to *C. albicans*, epithelial cells secrete various proinflammatory cytokines and chemokines that recruit and activate various immune cells, such as PMNs [152,158]. The recruitment of PMNs is not only mediated by epithelial cytokines and chemokines, but also by cytokines from other cells and by other factors. For example, interleukin (IL)-17 from T helper (Th)17 cells plays a crucial role in recruiting neutrophils to the site of infection [159]. The importance of Th17 cells in immunity to *C. albicans* has recently been reviewed [160,161]. Granulocyte colony-stimulating factor (G-CSF) and granulocyte-macrophage colony-stimulating factor (GM-CSF) are also involved in the recruitment and activation of PMNs [162–164]. Neutrophils can effectively take up and kill *C. albicans* cells using oxidative mechanisms, including the generation of reactive oxygen and nitrogen intermediates [152,165]. Interestingly, neutrophils prefer to attract and kill hyphae rather than yeast cells, by activating extracellular signal-regulated kinase signaling [166]. In addition to killing *C. albicans* through endocytosis, neutrophil extracellular traps containing the antimicrobial peptide calprotectin can also inhibit cell growth of *C. albicans* [165].

Based on previous studies, neutrophils may account for more of the innate immunity defense than mononuclear phagocytes [167]. The elimination of mouse splenic macrophages results in a slower clearance of *C. albicans* from blood [168]. However, another study has indicated that monocytes or exudate macrophages do not play important roles in resistance against *C. albicans* in systemic infection [169]. DCs are antigen-presenting cells and the interface between innate and acquired immunity [170]. These cells can ingest both yeast and hyphal cells of *C. albicans*, leading to maturation and activation of DCs to present *Candida*-specific antigens [171]. DCs can also induce the differentiation of Th cells. The ingestion of yeasts primes Th1 cells, whereas hyphae inhibit IL-12 and Th1 differentiation and favor Th2 differentiation [155,172]. Th1 cells then secrete tumor-necrosis factor- β and

interferon- γ to recruit other leukocytes to the site of inflammation. In contrast, Th2 cells produce cytokines, such as IL-4, to promote the synthesis of IgE in B cells [172].

3. Postgenomic approaches to studying *C. albicans* and its interactions with the host

3.1. Whole genome sequencing of *C. albicans* and non-*albicans* *Candida* spp.

The genome sequencing of the SC5314 strain was a significant and recent achievement in studying *C. albicans* [173] and a human-curated annotation for the *Candida* genome is now available [174]. Genome sequencings of various strains of *C. albicans* and several non-*albicans* *Candida* spp. have also emerged recently [175–178]. These genome sequences provide a great challenge and opportunity for genome comparisons. This genome information can be accessed on the internet-based *Candida* Genome Database (CGD; <http://www.candidagenome.org>).

The development of new and more efficient strategies for genetic analysis has also promoted the study of *C. albicans*. Examples include the genome-wide construction of deletion mutants [179–183], and emerging technologies for global measurement of steady state mRNA concentrations [184] and protein expression levels/phosphorylation states [185–187]. With this armamentarium of methods and technologies, researchers are better able to develop *C. albicans* as an easily accessible model for understanding mechanisms in opportunistic fungal pathogenesis and fungal pathogen–host interaction. This review presents several developments in methodologies and technologies for studying *C. albicans* as follows.

3.2. Transcriptional profiling by DNA microarray, RNA-seq and others

DNA microarray-based studies have been used to study various aspects of *C. albicans* biology, physiology, and pathogenesis. Some of these studies were related to morphogenesis [188–190], susceptibility to antifungal drugs [191,192], signaling and stress responses [95,193–195], metabolism [139,140,196,197], mating type [198,199], phenotypic switching [106], biofilms [200–202], and cell responses to environmental changes [203].

Meanwhile, microarray analysis has begun to show the interactions of *C. albicans* with different host cells [204,205]. Gene expression is detected in the pathogen side during pathogen–host interactions. For example, *C. albicans* genes encoding the key enzymes of the glyoxylate cycle and proteins with nonmetabolic functions are upregulated when the pathogen is ingested by a mammalian macrophage [205,206]. After challenging with human blood, *C. albicans* expresses unique sets of genes at different stages of the model, mimicking bloodstream infections. The functions of these genes are related to the general stress response, antioxidative response, glyoxylate cycle, and virulence attributes [204]. A previous study has analyzed the transcriptome of *C. albicans* isolated from the mammalian kidney [207]. Compared to the

control cells, *C. albicans* from infected tissues shows upregulation of genes related to adhesion, stress responses, and the assimilation of alternative carbon sources. However, genes involved in morphogenesis, fermentation, and translation are downregulated [207]. In addition, the basic leucine zipper (bZIP) transcription factor Rca1 activates *C. albicans* carbonic anhydrase during contact with mammalian phagocytes [208]. Moreover, gene expression for the host side is also detected when pathogen–host interactions occur. For example, human DCs sense diverse pathogens of *C. albicans*, *Escherichia coli*, and influenza virus, and elicit pathogen-specific immune responses [209]. With the treatment of *C. albicans* cell wall β -glucan, human leukocytes activate genes that relate to various categories, including those that encode effectors with proinflammatory properties [210]. A study of *Candida*–granulocyte interaction has shown that *C. albicans* modulates the HL60 granulocytoid response by downregulating known antimicrobial genes at a high pathogen–host ratio [211]. Endothelial cells respond differently to low and high densities of *C. albicans* [212]. In response to heat-killed *C. albicans*, miRNA transcription in macrophages is differentially regulated to modulate PRR signaling [213]. Experimental keratomycosis shows that TLR and proinflammatory chemokines are differentially regulated in murine corneas with *C. albicans* inoculation [214,215].

Except for using DNA microarrays alone, chromatin immunoprecipitation coupled with microarray analysis (ChIP-chip) have also recently been developed to study *in vivo* protein–DNA association in *C. albicans* at the whole genome level. Some examples include studies of transcriptional control of W–O switching [122], the regulation of gene expression of ribosome proteins and carbohydrate metabolism [196,216], and the regulation of morphogenesis by the transcription factors Efg1 and Hms1 [217,218],

RNA-seq (deep-sequencing of cDNA) has been used to identify novel transcribed regions, detect new splicing events, and quantify gene expression [219–223]. This method reduces some common concerns in using DNA microarray such as platform-related effects, and is significantly more sensitive than a microarray. More recently, this approach has been used to study *C. albicans* and its interaction with host. Bruno et al have used RNA-seq to generate a high-resolution map of the *C. albicans* transcriptome, to determine all the regions transcribed under various environmental conditions [224]. They have identified 602 novel transcriptionally active regions in the genome; many of which are expressed in a condition-specific manner. They also have shown several novel introns not present in the current genome annotation [224]. The RNA-seq technology has also been used to compare the transcriptomes of a drug-resistant clinical isolate and its isogenic drug-sensitive counterpart [225]. There are 228 genes differentially expressed, and many of them have never been linked to the phenotype of drug resistance. The acquisition of drug resistance is also correlated with an overexpression of the *CZF1* gene, which encodes a transcription factor. The *czf1*-deleted mutants are susceptible to many drugs, independently of known multidrug resistance mechanisms [225]. Tierney et al have demonstrated the use of RNA-seq to profile simultaneously genome-wide gene expression of both *C. albicans* and the host [226]. Although each technology of

DNA microarray, ChIP-chip and RNA-seq is powerful in studying *C. albicans* and its interaction with the host, combined tools have been used to study the complex transcription network in regulation of *C. albicans* biofilm development [227].

3.3. Proteomic research

Several researchers have reviewed the use of the proteomic approach in studying *C. albicans* and its interaction with the host [185–187,228–230], and this article highlights only a few recent applications. The *C. albicans* cell wall consists of polysaccharides and many integral and covalently attached proteins. Proteomic approaches make it possible to study the *C. albicans* cell wall in detail. For example, the cell wall proteome is affected by hypoxic conditions, iron restriction, ambient pH, and hyphal growth [231–233]. Moreover, many antifungal drugs target *C. albicans*. The proteomic approach also shows the effects of fluconazole on cell wall proteome and integrity [234]. It seems that *C. albicans* adapts to the environmental conditions by changing the protein composition of its cell wall, and some cell wall proteins identified may be candidates for vaccine development [235]. After interaction with heat-killed *C. albicans*, proteins differentially expressed in murine macrophages are shown by comparison to the control. These proteins function in various cellular processes, including cytoskeletal organization, signaling, metabolism, protein synthesis, and stress response. Many of them are known to be involved in the inflammatory process [236]. The responses of murine macrophages are further analyzed using live cells of *C. albicans* and enriched fractions of cytosol, organelle/membrane, and nucleus from the macrophages. This study has identified 17 new differentially expressed proteins, including two mitochondrial proteins, a membrane receptor, galectin-3, and several endoplasmic-reticulum-related proteins [237]. These proteins are also involved in the proinflammatory and oxidative responses, immune response, unfolded protein response, and apoptosis. These processes may increase the host response to the pathogen or may arise from *C. albicans* resistance to phagocytosis [237].

3.4. Network and systems biology

Although understanding the functions of individual genes and proteins remains necessary, the importance of studying the structure and dynamics within a cell or an organism has become increasingly recognized. In a single cell or an organism, genes and proteins not only function individually, but also form networks with interconnectivity between genes and proteins in response to environmental conditions [238]. Systems biology approaches aim to understand networks such as those that regulate signaling, metabolism, and gene transcription, showing the basis of gene or protein interactions. Furthermore, systems biology studies correlate biological networks with various cellular processes. In the past few years, methodologies of network and systems biology have been used to study *C. albicans* and its interaction with the host [226,239–241]. This review presents several recent cases to illustrate how approaches of network and systems biology can be used to study *C. albicans* and pathogen–host interactions.

Case 1. An integrative systems biology approach to show the regulation of *C. albicans* adaptation to thermal conditions. *C. albicans* lives in warm-blooded animals, and the heat shock response is essential for its survival. This response is also correlated to *C. albicans* infection [242]. For example, the heat shock protein Hsp90 orchestrates temperature-dependent morphogenesis, which is an important virulence factor of *C. albicans* [243]. Mutations blocking the activity of the heat shock transcription factor Hsf1 prevent thermal adaptation and significantly reduce *C. albicans* virulence [244]. However, the detailed mechanisms of thermal adaptation in *C. albicans* are still not yet fully understood. This study presents a dynamic model of heat shock adaptation, followed by experimental validation. Results indicate that Hsf1 and the chaperone protein Hsp90 are dynamically autoregulated [245]. In addition, this model shows that Hsf1 is activated during thermal transitions that mimic fever, and also explains evolutionary conservation of the heat shock response in *C. albicans* [245].

Case 2. A cellular network approach to predict genes associated with phenotypes during mucosal infection of *C. albicans*. Mucosal infections caused by *C. albicans* can be roughly divided into three stages: adhesion, invasion, and host cell damage [89,184]. Using a cellular network approach, a recent study has aimed to predict phenotype-associated genes during these three stages and their roles in *C. albicans*–host interactions. Assumptions applied to this study are that proteins that lie closer to one another in a protein interaction network are more likely to have similar functions, and that genes regulated by the same transcription factors tend to have similar functions [246]. From this study, 19 genes have been identified to relate to adhesion-, invasion-, and damage-associated functions. Moreover, the predicted genes suggest that cell surface components are critical for cell adhesion, and morphogenesis is crucial for cell invasion [246].

Case 3. Identification of the hubs in regulatory networks of *C. albicans*. Within a biological network, hubs are the nodes with high connectivity (degree) and play significant roles in maintaining topology and functional flow of the network. Removing hubs may break the network and makes the hubs potential drug targets or biomarkers for developing a new therapy. In a recent study, scale-free gene regulatory networks have been inferred to identify hubs from collections of gene expression data of *C. albicans* [247]. One hundred and twenty-six genes with an outward degree of at least seven are further examined, including 16 hubs sensitive to antifungal treatment [147]. In addition, the transcriptional network controlling biofilm formation is also inferred using combined information from genetic screenings, genome-wide approaches, and two animal models. The network consists of six transcription regulators that control approximately 1000 target genes [227].

Case 4. A robust network inference map to predict interactions between pathogen and host. This study presents an inferred regulatory network to predict novel interactions between *C. albicans* and mouse DCs during phagocytosis [226]. Results indicate that the subnetworks comprising the transcription factor Hap3 in *C. albicans*, and pentraxin (Ptx3) and metastasis-associated protein (Mta2) in the host cell are interdependent. *C. albicans* Hap3 is a component of the

CCAAT-binding complex, which regulates gene expression. Murine Ptx3 is a soluble PRR that acts as an endogenous modulator of the inflammatory response. Murine Mta2 is a component of a nucleosome remodeling deacetylase complex, involved in transcriptional regulation. To verify the predictions from network inference, recombinant Ptx3 has been prepared and found to bind to the cell wall of *C. albicans* and to alter expression of Hap3 target genes. Moreover, *C. albicans* preincubated with recombinant Ptx3 significantly attenuates the expression of Mta2-regulated cytokines, such as IL-2 and IL-4, in a Hap3-dependent manner. Together, this study indicates that the pathogen–host interplay can cause remodeling of the pathogen and the pathogen affects the host immune response. This study demonstrates the usefulness of the systems biology approach to decipher mechanisms of microbial pathogenesis [226].

4. Conclusions

The interactions between *C. albicans* and host are critical for persistence and pathogenesis of the pathogen and the immune defense of the host. To establish infection successfully, *C. albicans* uses multiple ways to attach, colonize, and even penetrate the host tissues. For example, cell surface adhesins, hyphae formation, and secreted hydrolytic enzymes are associated with these processes. Phenotypic switching also helps *C. albicans* adapt to changing environments within the host. To recognize *C. albicans*, different host cells have developed diverse PRRs that function independently or synergistically. Consequently, the host triggers immune responses to defend against *C. albicans*. This review presents an outline of several important topics on these processes. With the complement of the genome sequences of *C. albicans* and humans, the development of genome-wide technologies for analyzing pathogen–host interactions has dramatically increased. These developments will no doubt broaden our view of the pathogen–host relationship and the processes during infection. A better understanding of *C. albicans*–host interactions will provide important insights for other fungal pathogens.

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